

Definition of sin, and that is unbelief

There is only one true definition of sin, and that is unbelief. Jesus declared in Saint John 3:18, "He that believeth not is condemned already". People often confuse sin with acts like smoking, drinking, lying, swearing, or committing adultery, but those actions are not the sin itself; they are merely the attributes of unbelief. A person commits those acts because they do not believe God. Even if a person lives a perfectly clean, highly educated, moral, and respectable life keeping all the Ten Commandments if they deny the Word and the supernatural power of God, they are still a sinner because of their unbelief.

SIN vs. SINS:

The Doctrine of Redemption & The Four Classes of Humanity

SIN (Singular) vs. SINS (Plural): The Two Natures of Error

SIN (Singular): The Spirit of Unbelief

Condition of the Heart and Soul

Defined as "missing the mark" by misinterpreting, displacing, or dislocating the Word of God.

The Elect Cannot "SIN"

Because the "Zoe Gene" (God's Seed) remains in them, the Elected cannot practice unbelief or deny the Truth of their day.

SINS (Plural): The Faults of the Flesh

Faults of the Physical "Chemical Man"

These are the physical mistakes, human failures, and flaws of the "chemical man" or genealogy, which remain until the body is changed.

The Flesh is Considered Dead

God expects no good thing from the physical man (flesh), but covers these physical faults through the blood of the Atonement.

The Purpose of the Atonement

Redemption vs. Salvation

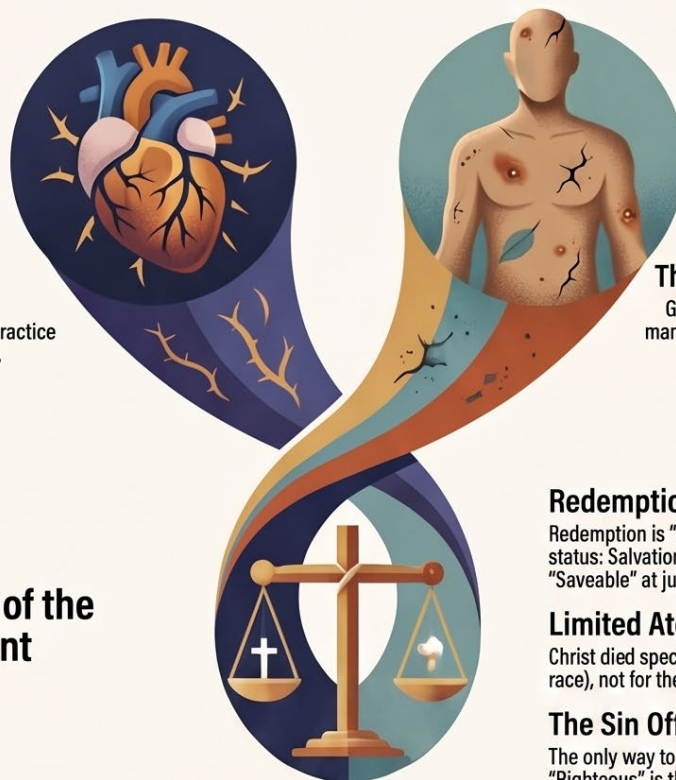
Redemption is "buying back" the Elect to their original status: Salvation is a measure of grace given to the "Saveable" at judgment.

Limited Atonement

Christ died specifically for the "Redeemable" (His sheep/Zoe race), not for the Serpent Seed who are unredeemable.

The Sin Offering

The only way to change one's status from "Sinner" to "Righteous" is through the exchange of accounts at Calvary, not by good works.



The Origin and Nature of Unbelief

Unbelief is as old as Eden. The very first sin was committed by Eve because she doubted and disbelieved just one fraction of God's Word. Satan did not explicitly deny the whole Word; he simply got Eve to reason and hybridize it with worldly wisdom and knowledge.

A person is controlled by one of two spiritual senses: faith or unbelief. When a person relies upon their own intellectual reasoning instead of trusting the Word from their heart, they are following the path of unbelief. Faith has no reasoning; it simply accepts that God's Word is the truth. Unbelief, on the other hand, will always try to reason with God's Word, saying things like, "The days of miracles are passed" or "That was for another age". Thus, unbelief is essentially righteousness and faith perverted.

Unbelief as the Unpardonable Sin

The most dangerous and horrible form of unbelief is the unpardonable sin of blaspheming the Holy Ghost. The Bible says in **Hebrews 10** that if we "sin wilfully after that we have received the knowledge of the truth, there remaineth no more sacrifice for sins." Because sin is unbelief, to sin wilfully means to intentionally disbelieve and reject the revealed Word of God when It is presented to you.

Unbelief reaches its fatal climax when religious people look at the genuine, vindicated works of the Holy Spirit and call them mental telepathy, an evil spirit, or the works of the devil (Beelzebub). To do this eternally seals a person away from the Presence of God without forgiveness in this world or the world to come. In fact, to wilfully reject the Holy Ghost and the Word of God is to take the mark of the beast.

Unbelief Cannot Hinder God

It is crucial to understand that unbelief does not stop God or His program; it only destroys the unbeliever. If someone refuses to believe in Divine healing or the baptism of the Holy Ghost, it simply means those blessings are not for them; they were only sent to believers. You cannot stop the sun from shining with unbelief, and you cannot stop God's promises from being fulfilled.

In the days of Noah, the unbelievers mocked the prophet, but their unbelief only brought judgment upon themselves. The exact same waters of judgment that destroyed the unbelievers were the very means that floated the ark and saved the believer.

The true believer, possessing the Zoe Life of God, will punctuate every Word of God's promise with an "Amen". The unbeliever, guided by their earthly senses and intellectual reasoning, will reject the supernatural and remain dead in sin and trespasses.



EPHESIAN 3:16 ASV that he would grant you, according to the riches of his glory, that ye may be strengthened with power through his Spirit in the inward man; 17 that Christ may dwell in your hearts through faith; to the end that ye, being rooted and grounded in love, 18 may be strong to apprehend with all the saints what is the breadth and length and height and depth, 19 and to know the love of Christ which passeth knowledge, that ye may be filled unto all the fulness of God.

Under the closed book we understood that if someone is born again, they have a clearly understanding. The new birth is fundamentally the spiritual revelation and clear understanding of Jesus Christ personally to you.

When Jesus spoke to Nicodemus a brilliant and educated religious leader He told him, "Except a man be born again, he cannot see the kingdom of God". In biblical terminology, the word "see" in this verse does not mean to look with your physical eyes; it literally means to understand. You cannot understand the Kingdom of God until you are born again. A natural man can look directly at the manifestations of the Holy Spirit, the power of God, or the truths of the Bible and say, "I just don't see it". They say this because they do not comprehend it; the natural, intellectual mind is incapable of grasping spiritual things. You can read the Bible, study theology, and learn history, but you will never truly know or understand God's plan until you receive His kind of Life to understand It.

The prophet clarifies this by asking, "What is the new Birth then?

63-0728 CHRIST.IS.THE.MYSTERY.OF.GOD.REVEALED, JEFF.IN, V-3, N-7, SUN

233 Look, **Christ in you makes Him the center of Life of the revelation.** See? Christ's Life in you makes Him the center of the revelation. Christ, in the Bible, makes the Bible the complete revelation of Christ. Christ in you makes you the complete revelation of the whole thing, see, what God is trying to do.

234 What is the new Birth then? You'd say, "Well, Brother Branham, what is the new Birth?" **It is the revelation of Jesus Christ personally to you.**

Amen! See?

Not you joined a church, you shook a hand, you done something different, you said a creed, you promised **to live by a code of rules.**

But Christ, the Bible, He is the Word that was revealed to you. And no matter what anybody says, what takes place, it's Christ; pastor, priest, whatever it might be. It's Christ in you, that is the revelation that the Church was built upon.

It is the revelation of Jesus Christ personally to you.

63-0728 CHRIST.IS.THE.MYSTERY.OF.GOD.REVEALED, JEFF.IN, V-3, N-7, SUN

297 It's a personal, individual affair with the person, that Christ is revealed to them.

298 And if you say, "He's been revealed to me," and then the Life that Christ produced here in the Bible, that same Life is in Him, does not produce Itself in you, then you've got the wrong revelation.

When this birth takes place, your old nature and intellectual reasonings die, and you are conceived anew in the living Word. You receive the mind of Christ. Once you are born again, the Kingdom of God becomes an unravelled mystery that you can finally understand. You no longer wonder why true believers act the way they do, why they rejoice, or why they stand so firmly on the promises of God, because that same Spirit of understanding has been born into you. It is the revelation of Jesus Christ personally to you". It is not an outward action like shaking a pastor's hand, joining a church, reciting a creed, or promising to live by a code of rules. **The new birth is God revealing the great mystery of Himself to your heart, causing the Word to become a living reality inside of you.**

64-0802 THE.FUTURE.HOME.OF.THE.HEAVENLY.BRIDE.GROOM.AND.THE.EARTHLY.BRIDE, JEFF.IN, V-3, N-5, SUNDAY

195 Now, that's what we was talking the other day, the evidence of the Holy Ghost. See? The evidence of the Holy Ghost is when you can receive the Word; not some system, but have a clear understand. How do you know the Word is clear, understand It? Watch It vindicate Itself.

This understanding is about God revealing the great mystery of Himself to your heart. This about God's work on Calvary.

We often looked this mystery to be:

1. Godhead of Father and Son
2. Seventh Seal
3. Third Pull

These mysteries are only to bring a separation. We have often measured and judged people that if they don't know these mysteries they are not born again.

Then when we look at people because they smoke; drink; commit adultery they are not born again.

Then we have clean living people who keep all the rules and laws we say they born again.

The common Jewish misconception regarding the Old Testament law was that simply avoiding negative actions such as not lying, stealing, or cheating was the ultimate spiritual achievement. Many believers fall into this same trap today, believing that if they can just pass the test of living a highly moral life, they have fulfilled God's requirements. However, keeping the rules without understanding the purpose behind them holds no spiritual power; it simply becomes a religious exercise. If a person refrains from envying their neighbour's wealth or bearing false witness just to check off a rule, they have entirely missed God's actual desire.

The entire structure of the Old Testament laws and rules was given to prepare and train believers for one specific goal: fulfilling the second great commandment, which is to *love their neighbour*. The final five commandments (commandments five through ten) are completely dedicated to this purpose, which is known as the law of Christ. God gave these laws because His ultimate, threefold purpose is to establish a future kingdom and a literal city where He can dwell with His family.

In this future kingdom, there will be subjects living outside the city walls. God gave the law so that His people could be thoroughly trained in how to treat these subjects with respect, justice, and righteousness. By actively choosing not to steal, cheat, or harm their neighbours, believers reflect God's own character His mercy, wisdom, and grace to the outside world. This proves to the strangers outside the city that God's government is perfectly righteous, unlike the unjust political systems of the world where kings take advantage of their subjects.

To fulfil the true purpose of the Old Testament law, a believer cannot just act morally on the outside; they must possess deep, internal integrity. This means their internal thoughts must perfectly match their outward actions toward their neighbour.

The Bible describes this necessary heart condition:

PSALMS 15:2 "He that walketh uprightly, and worketh righteousness, and speaketh the truth in his heart."

The Apostle Paul further emphasized that keeping God's requirements means completely removing any internal bitterness or evil thoughts toward our neighbours:

1 CORINTHIANS 5:8 "Let us then keep the feast, not with old leaven, and not with the leaven of evil thoughts and acts, but with the unleavened bread of sincerity and truth".

Brother William Branham taught that this exact type of sincerity having a pure, honest heart toward our neighbours is the absolute requirement for the end-time Bride. God is not looking for people who simply adhere to legalistic rules; He requires perfect transparency.

63-0112 INFLUENCE, PHOENIX.AZ, SATURDAY

112 We must be sincere, because we've got the greatest thing in the world. The greatest treasure of Heaven is Christ among us. Why do we want a substitute of some little influence, to try to make ourselves somebody big among somebody here? Why not be a humble servant to Christ?

PROVERBS 25:17 Withdraw thy foot from thy neighbour's house; lest he be weary of thee, and so hate thee.

Don't make yourself a nuisance by visiting people's homes too often. This verse serves as a piece of practical wisdom regarding social boundaries and respecting the privacy and time of others. By instructing individuals to metaphorically "**withdraw thy foot**", the proverb is warning against the habit of overstaying a welcome or becoming an intrusive guest. It highlights that even well-intentioned, overly frequent visits can exhaust a host's patience, leading them to become "weary" and eventually causing resentment or broken relationships. The scripture emphasizes the importance of moderation, consideration, and maintaining healthy boundaries when interacting with friends and neighbours.

The Strict Difference Between "Sin" and "Sins"

First, we must correctly identify what we are dealing with when people fail us. "Sin" in its singular form is defined strictly as unbelief in the Word of God. If someone completely rejects the doctrine or the truth of the hour, that is actual sin. However, "sins" in the plural form are the everyday flaws of human flesh. The example of believers fighting over business, giving you fleshly trouble, or bruising your ego. If a person is not rejecting the doctrine of the truth, these annoying actions are simply "sins". You are instructed to leave these fleshly issues entirely in the hands of the Lord, rather than trying to force or manipulate people to change.

Sermons We See

I'd rather see a sermon than hear one any day;
I'd rather one should walk with me than merely tell the way.
The eye's a better pupil and more willing than the ear,
Fine counsel is confusing, but example's always clear;
And the best of all the preachers are the men who live their creeds,
For to see good put in action is what everybody needs.

I soon can learn to do it if you'll let me see it done;
I can watch your hands in action, but your tongue too fast may run.
And the lecture you deliver may be very wise and true,
But I'd rather get my lessons by observing what you do;
For I might misunderstand you and the high advise you give,
But there's no misunderstanding how you act and how you live.

When I see a deed of kindness, I am eager to be kind.
When a weaker brother stumbles and a strong man stays behind
Just to see if he can help him, then the wish grows strong in me
To become as big and thoughtful as I know that friend to be.
And all travelers can witness that the best of guides today
Is not the one who tells them, but the one who shows the way.

One good man teaches many, men believe what they behold;
One deed of kindness noticed is worth forty that are told.
Who stands with men of honor learns to hold his honor dear,
For right living speaks a language which to every one is clear.
Though an able speaker charms me with his eloquence, I say,
I'd rather see a sermon than to hear one, any day.

Edgar Albert Guest

Calvinism

When Calvin evaluated the scriptures regarding salvation, he placed everything entirely on the sovereignty of election based on God's foreknowledge. Calvin fell short because he failed to see that this grace was the direct product of God's elective love.

Arminianism

When Arminianism looks at the exact same scriptures, it sees a mixture of grace and works. The Arminian doctrine teaches that salvation involves both what God freely did (grace) and what the individual must continue to do (works) to secure it.

The Root of the Arminian Fear

The Arminian fear arises because the believer does not understand this strict separation. They mix their daily performance with God's unmerited grace. This specific mixing of law and grace is the exact ingredient that creates deep intense fear within a believer. Keeping the moral law, being sincere, and treating a neighbour correctly are merely things a believer does to please God after they are already saved. These works are what we do for God, and they have absolutely no power to affect or change what God sovereignly did for us at Calvary. They live under the constant terror that their personal failures, fleshly shortcomings, or inability to perfectly keep the commandments will somehow cancel out the grace (the salvation) God already secured and gave them. They incorrectly believe that what they fail to do today can reverse or damage what God already did in the past. This fear is contrary to the true foundation of the believer, which rests solely on God's initial action rather than human effort: God desires your foundation to be built purely on His unmerited love, which completely removes all fear. This fear often results in getting depressed over their fleshly failures.

God allows your own human weaknesses such as anger, impatience, and a lack of long-suffering to constantly surface in your flesh for a very specific reason: they are meant to point you directly back to Calvary. When these faults appear, God does not permit them so that you feel guilty, ashamed, or lose your joy in the Lord. God permits you to fail so you can realize that what you do for God can never provide the same peace and joy as what God did for you.

The Scriptures emphasize this foundational love:

1 JOHN 4:10 Herein is love, not that we loved God, but that he loved us,

1 JOHN 4:16 And we know and have believed the love which God hath to us.

1 JOHN 4:19 We love him, because he first loved us.

1 JOHN 3:1 Behold, what manner of love the Father hath bestowed upon us, that we should be called the sons of God:

The Mirror and the Daily Routine

God leaves these faults in your flesh to act as a permanent mirror. When you face yourself in this mirror and see your daily shortcomings, your failure is specifically designed to remind you of how incredibly important God's gift at Calvary is.

If you were flawless, you would not need grace, because of this, your reaction to failure should never be to panic and say, "I am not saved" or "I don't have the Holy Ghost". Instead, your prayer should simply be, "Lord help me so I can be the right kind of neighbour and live the right kind of life to my neighbour".

To protect your mind from the discouragement of fleshly failures, you must adopt a strict daily routine: reflecting on what Christ gave and did at Calvary must be the very first thing you do in the morning, and it must be the last thing you do at night. This practice keeps you grateful and ensures that your own failures never become bigger in your mind than the cross.

God knows you will always have faults in the flesh; He does not demand absolute moral flawlessness; instead, He requires absolute sincerity. This means living a transparent life where your internal thoughts honestly match your outward actions toward your neighbour, without any hidden motives or hypocrisy. Brother William Branham taught that this exact state of sincerity not perfection of the flesh is the mandatory requirement for believers to participate in the Third Pull.

To understand the full power of a believer's walk, we must firmly separate what God does for us (grace) from what we do for God (works). Grace is entirely defined by two actions: what God gave and what God did at Calvary.

God gave His Son as an atonement to satisfy the law, and Christ took on our sins to provide us with His righteousness and peace. This was an act of sovereign, elective love based on His foreknowledge of His people.

Arising from this grace, the Apostle John explains that our love is simply a reaction to God's initial action as seen in **1 JOHN 4** and **1 JOHN 3** above. Works, on the other hand, are the things a believer does from a grateful heart to please God, specifically by reflecting His character toward neighbours and strangers.

The critical error many believers make is allowing their failures in the flesh (their works) to rob them of the joy of their salvation (God's grace). When believers become discouraged, fearful, or depressed over their inability to live perfectly, it shows they wrongly expect their own good behaviour to give them the same peace and joy that Christ's sacrifice gave them.

True joy cannot come from deep doctrinal mysteries or moral achievements; the greatest joy and excitement a believer can ever experience must remain firmly rooted in Christ and Him crucified. When a believer is secure in God's grace, they can focus on their works toward their neighbour. To perform these works correctly, the crucial requirement is total sincerity. Sincerity is not just a personality trait; it is a state of deep integrity where a person's internal thoughts and beliefs perfectly match their outward words and actions. It means living a transparent life without any hypocrisy, hidden motives, or secret agendas toward others. The Apostle Paul describes this sincerity as the total removal of bitterness and evil thoughts toward the neighbour:

1 CORINTHIANS 5:6 "This pride of yours is not good. Do you not see that a little leaven makes a change in all the mass?" 7 "Take away, then, the old leaven, so that you may be a new mass, even as you are without leaven. For Christ has been put to death as our Passover." 8 "Let us then keep the feast, not with old leaven, and not with the leaven of evil thoughts and acts, but with the unleavened bread of sincerity and truth."

The Apostle Paul uses the metaphor of a tree to illustrate the spiritual foundation required for a believer. The "root" of this tree is love, which must serve as the primary source and fuel behind all Christian actions. When a believer is properly rooted in God's love, this root produces outward "fruit". This manifests as keeping the moral laws, such as "thou shalt not lie" or "thou shalt not steal".

The critical revelation here is that this fruit is not meant for personal moral achievement but is specifically designed to be directed towards the neighbour. If a believer operates solely on faith, faith knowledge, or doctrinal understanding without being rooted in the true purpose of that faith, they are compared to a ship that has a sail and water, but absolutely no direction. Refraining from lying, stealing, or cheating without understanding the relational destination of those actions leaves the believer completely aimless.

EPHESIANS 3:19 And to know the love of Christ, {To truly know the love of Christ means recognizing that being rooted and grounded in *His* love is the exclusive mechanism that produces *our* love. This foundational truth operates on the principle that our love for Him is strictly a response to His initial love for us. The fruit of good behaviour is not the root itself; rather, the fuel of God's love is what produces the fruit. The entire purpose of this fruit being produced together is so that it can be applied to the neighbour. By directing this love toward the neighbour (the subjects outside the city), the believer fulfils the final five commandments, which fulfils the second great commandment, known as the law of Christ.} which passeth knowledge, that ye might be filled with all the fulness of God. {Paul's ultimate vision and desire for the Ephesian church was that they would comprehend and experience the profound depth of Christ's love. Experiencing this love is the strict, unavoidable prerequisite before a believer can be "filled with all the fulness of God". This fullness represents the believer's completion and perfection, which occurs only when the root of love successfully produces fruit toward the neighbour.}

Epigenetics

1. Introduction: The Basics of Your Body's Instruction Manual

What is DNA?

Think of your lifespan as a very long movie. Your DNA is like the written script for that movie. It contains 3 billion letters (repetition of various combinations of 4 base pairs A T G C) that make up the "genes" (instructions) telling your cells how to build your body.

External features

Family history

Traits = habits → environment can trigger this → genetics

Abilities/gifts

Weakness
Health
Skin Colours
Memory of previous
Emotions

What is Epigenetics?

If DNA is the script, epigenetics is the **movie director**. The script stays exactly the same, but the director can choose to skip certain scenes or highlight others. In science terms, "epi" means "on top of". Epigenetics involves tiny chemical tags (like methyl groups) that sit on top of your DNA. They act as dimmer switches, turning certain genes "on" (making them active) or "off" (silencing them) without changing the actual DNA code / sequence.

2. The Triggers: What Flips the Switches?

The Environment and You: Your genes are not set in stone. Your daily habits and environment constantly send signals that change your epigenetic tags.

3. Family Ties: Passing It Down the Family Tree

How normal inheritance works: You inherit half of your DNA script from your mom and half from your dad. Usually, when a baby is made, their epigenetic "tags" are erased so they can start with a blank slate.

Transgenerational Epigenetic Inheritance: Scientists recently discovered that sometimes, this "erasing" process doesn't work perfectly. Some epigenetic tags created by a parent's environment can sneak through and be passed down to their children, or even their grandchildren! In humans, "inherited memory" does not mean recalling specific events or experiences from an ancestor's life. Instead, it refers to epigenetic inheritance, where environmental stressors, trauma, or lived experiences alter how your ancestors' genes were expressed, and these biological markers and responses are passed down to you. This is similar to how you can inherit your biological weakness such as diseases, or predisposition to cancer, diabetes, high blood pressure and so on, via genetics.

Real-World Evidence:

- *The Dutch Hunger Winter:* This landmark research examined children and grandchildren of women who suffered severe famine during World War II. During a severe famine in the Netherlands in 1944, pregnant mothers starved. Decades later, scientists found that their children (and even grandchildren) had different epigenetic tags, making them much more likely to develop obesity and diabetes. These descendants had altered metabolism and higher rates of obesity and cardiovascular disease, as their bodies had been biologically primed to expect starvation.
- *The Överkalix Study:* In a small town in Sweden, researchers found that if a grandfather had a surplus of food right before puberty, his grandsons had a much higher risk of dying from diabetes.
- *Trauma Transmission in Holocaust Survivors:* Studies, such as those led by Mount Sinai researchers, found that the children of Holocaust survivors showed distinct alterations in the genes regulating their stress hormones (like cortisol). They inherited a heightened biological vulnerability to stress and PTSD without experiencing the trauma themselves.
- *Animal Studies:* Pioneering research in mice showed that when rodents were trained to fear a specific cherry-like smell, their offspring and grand-offspring were also born with an innate aversion to that exact smell, along with structural changes in the brain's olfactory regions. Also, recall animals' ability to build nests or copy behaviour or patterns which they never observed directly from their ancestors. This is often called instinct. This is also passed on by epigenetics.
- *Fears and Phobias:* Some psychologists indicate that seemingly innate, irrational phobias (such as an intense fear of spiders or snakes) are inherited survival instincts. Over generations, these fears were incorporated into genetic expression to keep ancestors alive.

You can inherit a strong biological predisposition toward certain habits, but you do not inherit the habit itself. Habits are learned behaviours, while genetics and epigenetics shape your brain chemistry, personality traits, and vulnerabilities that make picking up specific habits much easier or harder.

Here is how inheritance influences your daily routines and habits:

1. The Genetic Foundation

- Addictive Behaviours: Up to 50% of your risk for alcohol, nicotine, or substance addiction is genetic. You inherit how your brain processes dopamine (the reward chemical). If your brain naturally produces less dopamine, you are highly prone to habits like gambling, binge-eating, or substance use to get that chemical reward.
- Sleep Routines: Your natural sleep schedule (circadian rhythm) is heavily genetic. "Night owls" and "early birds" inherit specific gene variants (like the *CLOCK* gene). Your morning or late-night productivity habits are built on top of this biological clock.
- Risk-Taking and Novelty-Seeking: Some people inherit a highly active "novelty-seeking" gene variant (DRD4-7R). This genetic trait drives habits of thrill-seeking, frequent traveling, or constantly starting new hobbies. It can contribute to risky activities such as gambling.

2. The Epigenetic Influence

- Stress Responses: If your ancestors faced severe, chronic stress, they may have passed down epigenetic tags that keep your nervous system in a hyper-alert state. This can manifest as inherited habits of emotional eating, nail-biting, or constant pacing to manage anxiety.
- Metabolism and Diet: Epigenetic markers from ancestral diet and starvation periods change how your body processes glucose and fat. This directly influences your biological cravings, shaping your daily eating habits.

3. The Power of "Social Inheritance"

- Learned Mimicry: Many habits that look genetic are absorbed in early childhood. You unconsciously mimic how your parents eat, handle conflict, organize their space, or spend money. This is environmental conditioning, not genetic coding.

Ultimately, genetics load the gun, but the environment pulls the trigger. You may inherit the biological blueprint that makes a habit highly appealing, but conscious effort, environment, and repetition determine whether that habit forms.

There is a direct contra pattern: just as the sins of the fathers are visited upon subsequent generations, the righteous acts and good deeds of the fathers are also visited upon and credited to their children. In contrast, you can also 'inherit' positive traits such as musical ability, trade skills, mathematical skills or calmness, patience.

The principle of generational inheritance is deeply rooted in the actions of the ancestors. The scriptures state that God will visit the iniquity of the parents upon the children unto the third and fourth generation, and sometimes even up to fourteen generations. This visitation of sin is described as a physical and spiritual "wearing down" of human bodies, where consequences like venereal disease are passed down the bloodline. Furthermore, the moral choices of parents leave a lasting impression on their children; for example, if a grandmother was a "flapper" or a mother was a "chorus girl," it sets a generational precedent that can lead her descendant to become a "rock-and-roll striptease". **The life and conduct you live before your family make a direct impression on what your children will become, meaning that future generations can be judged for the actions you take today.**

However, this spiritual law works powerfully in the positive direction as well. **Every time you do that which is right, those good deeds will be visited upon your children.** The primary biblical evidence provided in the sources for this positive inheritance is the story of the patriarch Abraham and his great-grandson, Levi.

When Abraham was returning from the slaughter of the kings, he met Melchisedec—the King of Salem and King of Peace—and paid a tenth of all his spoils as tithes to Him. The scriptures reveal that **Levi, who would not be born for another four generations, was "yet in the loins of his father" (Abraham) when this event occurred.** Because Levi was seminally present within his great-grandfather, **the Bible credits Levi with paying tithes to Melchisedec alongside Abraham.** God actually accounted and credited the righteous deed to the great-great-grandson down the lineage.

This phenomenon is explained by the fact that you are considered to have been alive as a "germ" or "seed" within your father, grandfather, and great-grandfather before you were ever born into a physical body. **Because the descendant is an attribute of the father, the spiritual victories and obedience of the ancestor directly secure blessings and spiritual credit for the lineage.** For instance, a humble individual might work hard all their life and never preach a single sermon, but their faithful, righteous living might result in them being the great-grandfather of someone who becomes a mighty preacher for God.

This pattern of generational inheritance is also visible in the broader lineages of humanity. The "seed of the serpent" or the line of Cain produced generations of people who relied on human wisdom, science, and intellect, but this path ultimately led to their perishing in God's judgment. Conversely, the righteous lineage of Seth produced humble herdsmen and farmers who stayed true to the Word of God, ultimately producing prophets and preserving the faithful lineage. **Therefore, the faith and righteousness of a parent lay a lasting spiritual foundation for the offspring, proving that good deeds and obedience to God are profoundly visited upon subsequent generations.**

53-1204 AT.THY.WORD, WEST.PALM.BEACH.FL, FRIDAY

E-9ed... "God put it there," you say. Well, that's the same way. See? It's just that way. It's just... There's nothing you can put in yourself. God, when He... We are come on this earth, them qualities are in you for different things.

Like for instance, this musician here. I want my little girl to be--to do that same thing this lady's a doing here, to play music. Well, now if it's in her, she'll do it. If it isn't, won't do any good to give her lessons, 'cause she'll never make it.

62-1111M DEDICATION, ELIZABETHTOWN.KY, SUNDAY

6 Mrs. Hoover was just telling me, Mrs. L. G. Hoover, was just telling me that was her little girl playing the song, a few minutes ago, the coming song of Only Believe, and is a pianist here at the piano. Three months ago, when they came in, they... she couldn't strike a tune. But now she can play. That's very, very fine.

7 I've got a girl setting back here, that's been taking music lessons for about five years, or more, and I don't know what it's cost me, and a new piano. She couldn't play a hymn that good as that little child was going. So it shows what God-given talents are, and then something you try to manufacture. You see?

II TIMOTHY 1:5 When I call to remembrance the unfeigned faith that is in thee, which dwelt first in thy grandmother Lois, and thy mother Eunice; and I am persuaded that in thee also.

4. Taking Charge: Protecting Ourselves and Our Legacy

The Good News: It's Reversible!

While there is a consensus that genetic mutations (which are permanent), traits and stress responses can be passed down biologically, **experts note that not all epigenetic markers are permanent, and many can be reversed, removed, changed or managed through environmental factors and personal experiences.**

When young rats are exposed to drugs like THC (the active ingredient in cannabis), it can change their epigenetic tags in a way that makes their future babies more likely to be addicted to other drugs, like heroin. This means the *predisposition* or weakness for addiction can be triggered and passed down.

Trauma and Stress: Experiencing severe childhood abuse or high stress can also leave epigenetic marks on the brain, changing how the body handles stress and increasing the risk of anxiety or depression later in life. The most amazing (and hopeful) thing about epigenetics is that it is reversible. Unlike a permanent genetic mutation (which changes the DNA forever), epigenetic tags are just chemical attachments. Because they are influenced by your environment, they can be changed, removed, or fade away over time. For example, if a parent's bad habit created a negative tag, but their descendants live in a healthy, stress-free environment without repeating that habit, those negative marks can eventually revert to a normal state

Your choices today don't just affect you they might shape the health of your future kids and grandkids. You have the power to write a better ending to your DNA's movie!

5. What We Can Do as Humans Your choices today don't just shape your own life; they are the "software" programming your DNA and potentially your future family's DNA! To protect yourself and your legacy, you can:

Break the cycle of bad habits:

Avoiding harmful toxins like cigarette smoke and staying away from addictive substances prevents harmful tags from attaching to your DNA.

Study family learn and know passed traits and characteristics

- Nurture (environment, society, community, friends, school, work)
- Nature (genetics)

Breaking habits usually requires at least 21 days of countermeasures.

62-1104M BLASPHEMOUS.NAMES, JEFFERSONVILLE.IN, V-3, N-21, SUNDAY

140 And here's, now, get this lesson. Here is what's wrong with the--with the... I turn on for this. Here is what's wrong with the Branham Tabernacle. You see, there is two different kinds of faith. There is two different kinds of virtue, as I had it the other day. Two different kinds of knowledge. Two different kinds of temperance.

141 One thinks it's prohibition, they got. That ain't the kind of temperance that God is talking about. It's that ungodly, uncontrollable temper you got, and things of that side, fast back, fuss.

142 Patience, and so forth, there's a mockery of it, a pretending to be; a nature-given faith; a nature-given virtue. There's a nature-given temperance. All these things are nature given.

Whilst Brother Braham was critical of the nature given virtues that are given by genetics (nature) or environment / training (nurture), it still useful to maintain social harmony.

A born-again believer can still face a fierce struggle against habits in the flesh, such as smoking or a strong temper. While the new birth changes a person's inward nature, the believer still dwells in a mortal body and must actively fight to bring their flesh into subjection to the Holy Spirit.

Behaviours such as smoking, drinking, lying, or giving in to a fierce temper are not the actual "sin" themselves, but rather the *attributes* or fruits of lingering unbelief, habits or the old man that remains from epigenetic factors in the body as well as traces / remnants of the old nature in the subconscious mind. When a person is truly born again and their sins are purged by the blood of Jesus Christ, the *desire* to participate in these worldly habits is taken away, because "the worshipper once purged should have no more conscience (desire) of sin". Therefore, if a believer continues to struggle, it is not because their soul loves the world, but because their outward flesh is battling against their new inward nature.

A believer may find it incredibly difficult to break the physical addiction to a habit that was established before their conversion. There are individuals who genuinely wanted to serve God but struggled immensely to quit smoking, sometimes even feeling that they could not completely overcome it on their own.

Brother Branham recounts praying for many people to be delivered from the "devil" of the cigarette habit, demonstrating that believers sometimes need supernatural deliverance to break free from the physical addiction and the spirit behind it.

However, a believer cannot rely on human willpower alone to quit. Overcoming a habit like smoking happens by fully surrendering to Christ and letting the new Life take hold. When a believer completely dies to their own desires and stays at the altar, the desire for tobacco and the things of the world will "rot out" of them.

A strong temper is another fleshly trait that a believer might have to battle. Brother Branham shared his own personal testimony regarding this, explaining that he inherited a fierce "Irish and Indian" temper from his parents, describing it as having "enough temper to fight a buzz saw". He noted that a stubborn spirit or a hot temper is often an inherited complex passed down through generations.

While a believer might occasionally slip or lose their temper, their reaction to the mistake proves their salvation. A true Christian will feel immediate condemnation from the Holy Spirit, repent, and quickly make the wrong right. Conversely, if a person retains a constant "buzz-saw temper," frequently erupts in anger, and refuses to apologize or correct it, they run the risk of grieving the Holy Spirit away. The Holy Spirit is likened to a gentle Dove, which cannot abide with the snarling, aggressive nature of a wolf; if the believer gives in to a goaty, angry spirit, the Dove will take its flight.

The Struggle of Two Natures

Paul's statements in Romans 7:19-23 perfectly describe the struggles of a born-again believer, illustrating the intense, ongoing conflict between the inward spiritual man and the outward carnal man.

When Paul explains that the good, he wants to do, he does not do, and the evil he hates, he does, he is explaining the experience of having "two persons" residing within him: one that wants to do right, and another that wants to do wrong. The outward man is a physical being controlled by earthly senses, and it remains carnal and "sold under the law to carnal sin". It is this fleshly nature that serves the "law of sin," constantly generating physical weaknesses and worldly temptations.

For example, the law of the flesh is what tells a believer they are too tired to keep a promise to go to church or tempts a young person to given in to the attraction of worldly popularity. Conversely, the inward man is a spiritual being governed by only one sense: faith. This is the new creation that has been born again, and it serves the "law of God" with its mind, which refers to the subconscious of the heart or soul.

Because the believer remains in a mortal body, these two laws are constantly warring against each other. As Paul wrote, "When I would do good, then evil is nigh". Every time a believer sets out to do what is right, the wrong nature is present to try and hinder them. This is why, for instance, a young convert might accept Christ at the altar, only to find the very next day that their family is angry, their friends are upset, and everything seems to go wrong. It is Satan actively exploiting outward circumstances and the flesh to try to run the believer off the path of righteousness.

This explains why a Spirit-filled Christian still experiences weakness and temptation yet does not have to live in habitual sin. The physical senses of the outward man will frequently disagree with the faith of the inward man. When this clash occurs, the believer is instructed to completely ignore the reasonings of the outside man and accept the faith of the inside man. While the flesh will always desire to yield to carnal things, the "law of the Spirit of Life" working in the believer's heart is far greater than the "law of sin and death" working in their flesh. By anchoring their faith in God's Word, the inward spirit man forces the carnal, outside body into subjection. The Holy Spirit dwelling inside the heart overcomes the desires of the flesh and literally commands the outward body to obey what the Word of God dictates.

Overcoming habits requires a complete shift from relying on human willpower to fully surrendering to God's grace and Spirit.

Believers cannot break deep-seated vices or inherited complexes simply by turning over a new leaf, making resolutions, or applying self-discipline.

Instead, true deliverance is achieved through specific spiritual actions:

1. Total Surrender ("Let Go and Let God")

You must recognize that your own efforts are insufficient. If you simply quit a habit like smoking because you feel it is what a Christian "ought to do," God does not accept that as true transformation, because it relies on your own works. You must completely die to your own thoughts and will, yielding yourself entirely to the Holy Spirit.

Instead of fighting, pulling, and hurrying to fix yourself, you must "let go and let God," allowing the law of Life inside you to naturally take control.

2. Shifting Your Focus Away from the Habit

A critical step in overcoming is to stop dwelling on the habit itself. Trying to fight an addiction or a stubborn spirit in your own strength is compared to "tantalizing a rattlesnake", it only keeps the danger agitated and ready to strike. Instead of constantly telling yourself, "I need to quit," you should ignore the temptation and focus your mind entirely on Christ and what He has already accomplished. By taking your mind off the cigarette or the vice and accepting His finished work, God takes care of the rest. Confess the words of scripture, "I am more than a conqueror", "I can do all things through Christ...."

3. Laying the Habit on the Altar by Faith

You must deliberately take the habit, whether it is a hot temper, gossip, or a physical addiction, and lay it on the spiritual altar and believing by faith that it is dead, and then completely ignoring the devil's temptations. When a believer yields entirely to the Holy Spirit, God places His Spirit in the centre of their new heart. This acts like the "mainspring" of a famous watch, naturally controlling every action, emotion, and organism of the believer. Instead of fighting in their own strength, the believer allows this "Mainspring" to produce the fruits of the Spirit: love, joy, peace, long-suffering, and gentleness; which automatically override the desires for worldly habits and hot tempers. For some believers there is an immediate deliverance (miraculous healing) from the habit / weakness whilst in others it is long or lifelong battle (healing).

4. Bringing the Flesh into Subjection

As you surrender, the Holy Spirit will literally command your physical body to obey the Word of God. If you are struggling, you must plead to God, acknowledging your inability to quit on your own, and ask Him to actively remove the desire from your heart. Deliverance happens when the root desire for the sin is permanently taken away by the blood of Jesus Christ.

5. Applying the "Antidote" Method

If your struggle is related to an inherited complex, such as an inferiority complex, selfishness, or stubbornness, you can overcome it by applying a direct spiritual antidote. This means intentionally forcing yourself to do the exact opposite of what your carnal nature wants to do.

For example, if you have a selfish desire to always have your own way, you should deliberately give away what you have and let others have their way.

6. Applying food / nutritional remedies / avoidance / reduction

What you eat provides the building blocks for these tags. Using food / natural diet to strengthen the immune system and guard against biological deficiencies that influence moods, responses, behaviours or attitudes. Eat colourful, healthy foods such as berries, green tea, and vegetables that reduce inflammation and protect your cells. Foods like leafy greens and broccoli contain "epi-nutrients" that turn on good, healthy genes.

Too much of food which oxalates e.g. spinach can cause kidney stones (especially if you have genetic predisposition / family history). Similarly, some seeds and nuts are good in small quantities, but some can cause toxic reactions, e.g. apple seeds and almonds contain some traces of cyanide.

Avoid toxins / chemicals like BPA (found in some plastics), smoking, and pollution which can also trigger harmful epigenetic changes.

7. Health

Stay active and sleep well: Regular exercise and restorative sleep keep your epigenetic software running smoothly. Exercise can quickly alter the epigenetic marks in your muscle and fat tissue.

Manage stress: Building strong relationships and learning how to relax can literally rewrite the tags on your DNA to make you healthier. High levels of stress, early childhood trauma, and anxiety can add tags that negatively change how your body handles stress.

8. Medicines / treatments

Medical treatment, medication and counselling can also assist in some cases. However, in some cases there are side effects and / or dependencies that do not address the problem permanently.

63-0801 A.PARADOX, CHICAGO.IL, V-21, N-3, THURSDAY

26 Now the genes in the father and the mother of this boy, no matter how much they are converted, still remains the flesh that's been interbred out to this boy. Therefore, the boy has got a complex in him, just like from his mother's family, and they are not forgiving, they will not apologize, and that's where that boy stands.

27 Now, I said to the father, "No matter how much you've raised him up..." I said, "Now look at you, out of your family: all of them, drunks, and fighting, and shooting, and cutting, and so forth."

63-0801 A.PARADOX, CHICAGO.IL, V-21, N-3, THURSDAY

28 "Now look at your family," to the mother. "They're a bunch of people, just set there and won't speak, very independent, and so forth, irreverent to religion. But," I said, "it's not you. You're the only one of all your sisters and brothers, and you are sweet, kind, and forgiving. What does that? And you're tree, part of that family tree, yet you have received the Holy Ghost. That's the thing that made you tender and sweet. It's not your people anymore, it's your Christ that lives in you."

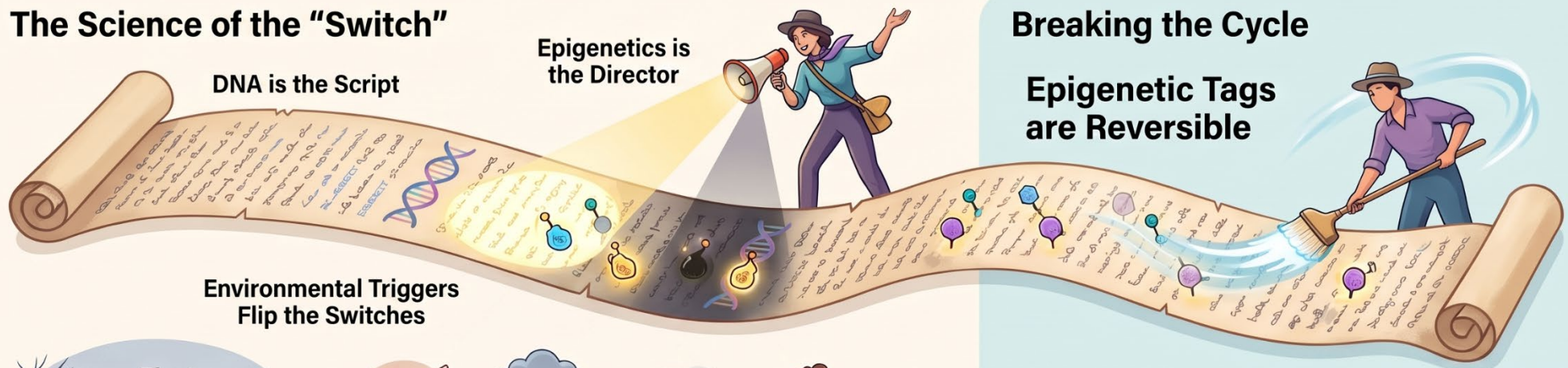
29 I said to the boy, "Look at your family, practically all of them are drunks, and so forth." I said, "And how moody, and high-tempered and high-strung, but you're not. You're kind, forgiving. What is it? The Holy Spirit. You're no more what you are; it's Christ in you." I said, "Now that same thing has to happen to your son."

30 And the father raised up and said, "My son went to the altar. He was baptized correctly, in the Name of Jesus Christ, and water baptism in the pool." Said, "I know my son has come to Christ."

31 I said, "That may be all right, all the outward motions. He might be identified as a believer with the believers. But until he is regenerated, born again, I'd advise that young man to never marry a woman. He'll make Hell on earth for her, until that gentle, sweet, forgiving Spirit of Christ comes in. Then that will be a paradox in itself, to take the very nature of a boy that's bred between father and mother. And yet, in his intellectuals, he is trying his best to overcome it. He can't do it. He'll never overcome it. Christ will have to overcome it. When he lets Christ in, then he's already overcome then. It'll be a perfect paradox, when a man is born of the Spirit of God.

The Epigenetic Director: Rewriting Your Biological Script

The Science of the "Switch"



The Legacy of the Dutch Hunger Winter

Famine altered the epigenetic tags of survivors' children, increasing their risk of obesity.



Diet



Stress

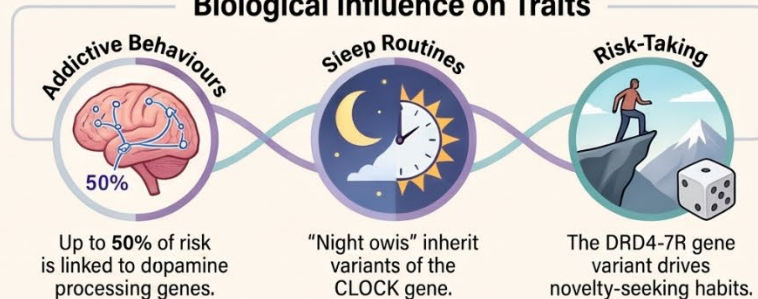


Toxins



Exercise

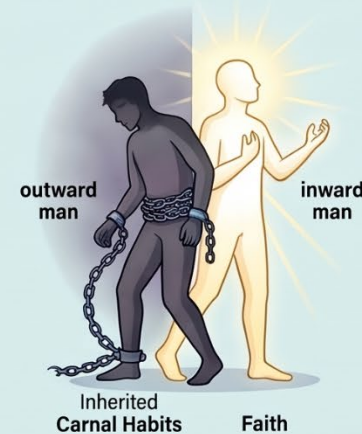
Biological Influence on Traits



Breaking the Cycle

Epigenetic Tags are Reversible

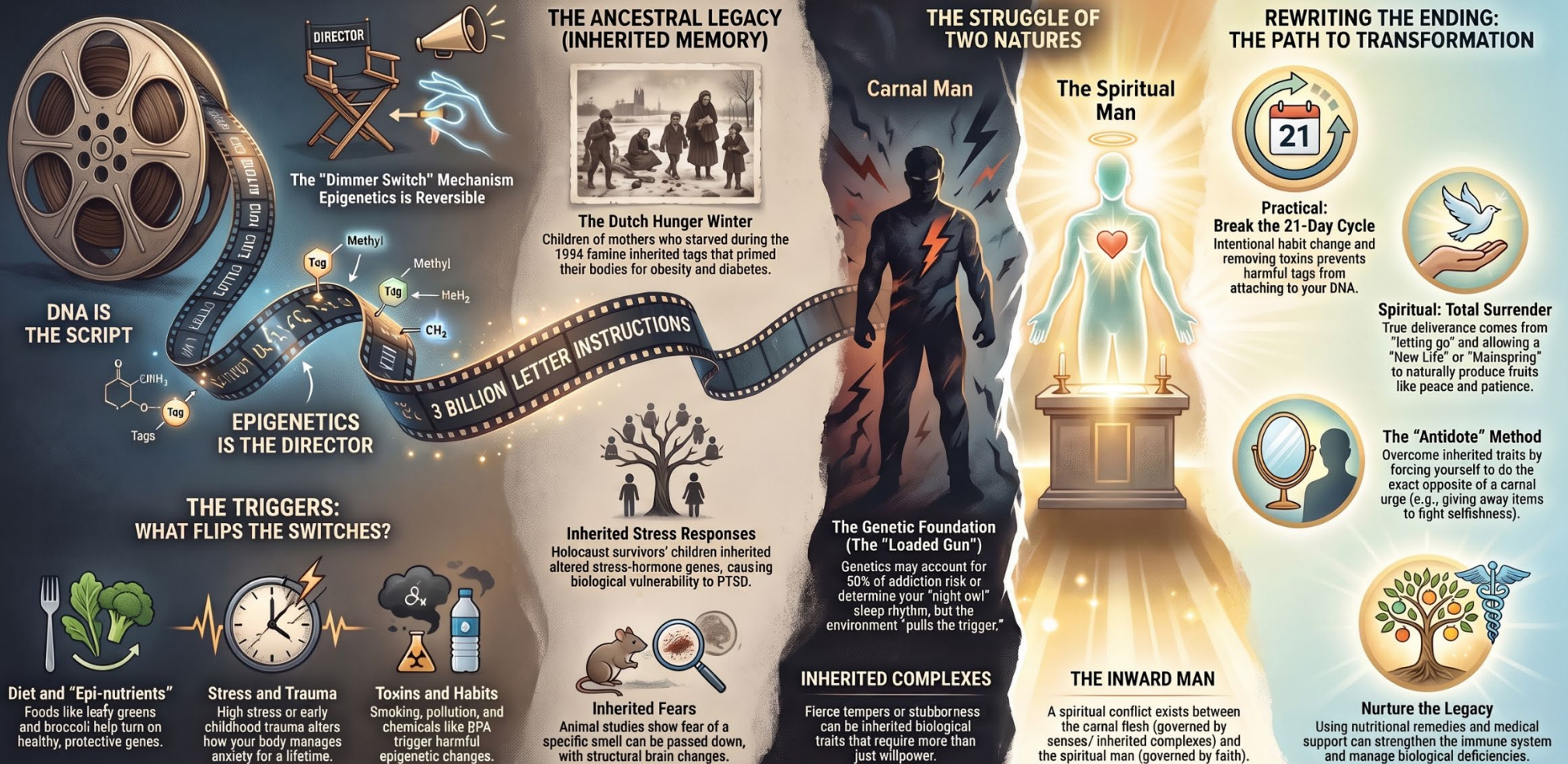
The War of Two Natures



Transformation through Total Surrender

Lasting change comes from surrendering to the Holy Spirit rather than human willpower.

Your DNA is Not Your Destiny: The Science and Spirit of Epigenetics



The Heart of Transformation: Distinguishing Sin from Inherited Habits

